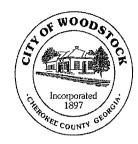
SENIOR MATTERS

WILLIAM G. LONG SENIOR CENTER

Woodstock Parks and Recreation 223 Arnold Mill Rd., Woodstock, GA 30188 Phone: 678-445-6518 Fax: 678-445-4351



May / June 2017

UDCOMING EVENTS

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May

May 4th Senior Picnic at Magnolia Hall

> May 12th Mother's Day Luncheon

May 12th **Summer Concert Series in the Park Charlie Daniels Band**

> May 29th **Closed for Memorial Day**

June

June 16th Father's Day Luncheon

June 10th Summer Concert Series in the Park Robert Randolph & the Family *****



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INSIDE

Advisory Council

New Members

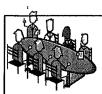
Daily Activities

May/June Calendar, Trip & Activity Details

Lotto Drawing Instructions

Birthday Luncheon for Mar./Apr.

INSIDE THE CENTER



William G. Long Senior Center (WGLSC) Advisory Council

Advisory Council meets every other month at the Senior Center. The next meeting will be May 24, 2017 at 10:00am. A copy of the minutes of each meeting can be obtained from staff.

ADVISORY COUNCIL MEMBERS

Gloria LeVonne, President E-Mail: glorialevonne@gmail.com

Nelson Quebedeaux, Secretary E-Mail: nelsongq39@gmail.com

Tom Richardson, Vice President E-Mail: richardsonthom@gmail.com

Evelyn Endsley E-Mail: evelynendsley414@gmail.com

Dolores Setaro E-Mail: dcsetaro@aol.com

Caryn Rosenberg E-Mail: carynrose99@gmail.com

Gayle Bautz E-Mail: g_bautz@yahoo.com



Notes From The Staff



Our addition should be underway by mid-April, and weather permitting should be complete by the end of summer. Thank you for bearing with us while the construction is in progress. Jan

> Williams G. Long Senior Center Phone Number 678-445-6518 Preston Pooser, Director of Parks Recreation, ppooser@woodstockga.gov

Marybeth Stockdale Special Events Coordinator mstockdale@woodstockga.gov Jan Masey Senior Center Coordinator jmasey@woodstockga.gov

Don Payne
Regreation Services Assistant
dpayne@woodstockga.gov

Heather Gaddis Administrative Assistant hgaddis@woodstockga.gov



Welcome New Members



Lenora Lebrecque Ron Lebrecque Margaret Clark **Ethel Caron** Veronica Koepke **Barbara Biggs** Jan Mote **Ardith Mumv-Schmidt**

************ Louise Rodgers Martha Ashburn Vivian Watts Jinan Mahdi **Lewis Hamilton Shirley Hamilton Diane Hinsley Bill Hinsley**

Paul Garner Ruth Wellman Jeanette Hallett Fran Barbara Jackie Schade Susan Radecki Joseph Millay **Donelle Millay**

Bill McDade Pat McDade **Bruce Jordy** Geraldine Brock **Peter Jonsson Nancy Pantaz Linda Lester Donna Goppelt**

Dean Johnson Mary Kish **Tom Fruman Kathy Garnett** Janice Kesler



FOR YOUR INFORMATION "IMPORTANT"

WHEN GOING ON BUS TRIPS WITH US, PLEASE ARRIVE AT LEAST 15 MINUTES PRIOR TO THE ADVERTISED DEPARTURE TIME TO FACILITATE ROLL CALL, COLLECTION OF BUS FEES, ETC. WE WILL WAIT UNTIL FIVE MINUTES PAST THE ADVERTISED DEPARTURE TIME IF SOMEONE IS NOT THERE, BUT WE HAVE TO LEAVE AT THAT POINT. WE HAVE TO MAINTAIN THE SCHEDULE AGREED UPON WITH THE VARIOUS VENUES WE VISIT. ALSO, PLEASE REMEMBER TO SIT IN THE SAME SEAT FOR THE ENTIRETY OF THE TRIP. THANK YOU!

WHEN ENTERING OR LEAVING THE SENIOR CENTER PARKING LOT, PLEASE SLOW DOWN. PEOPLE ARE BACKING OUT OF PARKING SPACES AND CROSSING THE PARKING LOT. WE WANT TO MAKE SURE ALL OUR MEMBERS ARE SAFE.

LOTTO TICKETS ARE DUE ON TUESDAY BEFORE LOTTO DAY TO BE INCLUDED IN THE WEDNESDAY LOTTO DRAWING. TICKETS TURNED IN AFTER TUESDAY WILL AUTOMATICALLY GO TO THE BOTTOM OF THE LIST OR WAIT LIST, ONLY FILL OUT ONE LOTTO SLIP PER TRIP. DUPLICATE ENTRIES WILL BE THROWN OUT. AND REMEMBER, ONLY TRIPS THAT GO BY BUS NEED LOTTO SLIPS FILLED OUT (WITH THE EXCEPTION OF THANKSGIVING & CHRISTMAS LUNCHES.)

PLEASE MAKE ALL CHECKS PAYABLE TO THE CITY OF WOODSTOCK UNLESS TOLD OTHERWISE. WHEN PAYING FOR TRIPS OR LUNCH IN CASH, PLEASE BRING THE CORRECT CHANGE. WE MAKE DEPOSITS DAILY AND DO NOT KEEP CHANGE IN THE OFFICE. BRINGING THE CORRECT AMOUNT MIGHT SAVE YOU A TRIP BACK TO THE CENTER TO MAKE YOUR PAYMENT. THANKS, JAN & DON

WE HAVE A M.U.S.T. MINISTRIES COLLECTION BARREL IN THE FRONT ENTRY. THEY ACCEPT ALL "CLEAN" CLOTHING, LINENS, AND NON PERISHABLE FOOD ITEMS. DONATIONS ARE TAX DEDUCTIBLE AND IF YOU LEAVE YOUR NAME, DELIA HALVERSON WILL MAKE SURE YOU GET A RECEIPT.

PLEASE BE CONSIDERATE OF OTHERS - DO NOT TAKE ANYTHING THAT DOES NOT BELONG TO YOU (THIS INCLUDES ITEMS IN THE REFRIGERATORS.) IF YOU FIND SOMETHING THAT HAS BEEN LEFT BEHIND, PLEASE TURN IT INTO THE OFFICE.

Don't forget to check out our Senior Center Facebook Page for pictures of our trips & events and LIKE us! Find us at this web address: https://www.facebook.com/Woodstock.Senior.Center





Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	7:30am Hills & Dales Estates	3	4 12pm Senior Picnic	5 10am Bowling 12pm Lunch & Learn 1:30 Bunko	6
7	8 2pm Movie & Ice Cream "Fences"	9 10:45 Lunch Bunch @ Pappadeaux's Seafood	10	11	12 12pm Mother's Day Luncheon	13
14 Happy Mothers Day	15	16 7am Hay House in Macon, Ga.	17	18 8:30am Southeastern Railway Museum	19 1pm "Eat this not that while eating out." Presented by Humana	20
21	22 5:30 pm Braves vs Pittsburg	23	24	25 12PM Lunch & Learn SALT/TRIAD Identity Fraud	26 10pm Lunch at Merrill Gardens	27
28	CLOSED Memorial Day	30 7:30am Tennessee Aquarium & IMAX	31			

(prices and menu are subject to change)

May 3 NO Lunch	May 10 NO LUNCH	May 17th \$5.50 Arby's Roast Beef Sandwich Potatoes Turnover Drink	May 24 \$6.00 Gayle Bautz Pork Chops Sauer Kraut Fried Potatoes Pintos & Bread Dessert & Drink	May 31 \$5.00 Grilled Hamburgers Pasta Salad Slaw & Chips Drink
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May Activity and Trip Details



MAY 2ND - 7:30AM - "HILLS AND DALES ESTATES" IN LAGRANGE, GA. - TOUR THE ESTATE AND EXPERIENCE A BEAUTIFULLY ARCHITECTURED, HISTORIC HOME WITH OVER 35 ACRES OF HISTORICAL GARDENS. COST IS \$12.00, PREPAID BY APRIL 21ST. BRING MONEY FOR LUNCH AT THE TASTE OF LEMON RESTAURANT. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 7:30AM.

MAY 4TH - 12PM - "SENIOR PICNIC" - JOIN US FOR OUR ANNUAL SENIOR PICNIC AT MAGNOLIA HALL. WE WILL BE SERVING GRILLED HAMBURGERS & HOT DOGS WITH ALL THE FIXINS. <u>COST IS FREE AND YOU WILL NEED TO FILL OUT A LOTTO SLIP TO PARTICIPATE IN THIS ACTIVITY.</u> SEATING IS LIMITED TO 130 MEMBERS. THE SHUTTLE WILL START AT 11:15 FROM THE SENIOR CENTER.

MAY 5TH - 10AM - "BOWLING AT STARS & STRIKES" - LET'S GO BOWLING! COST IS \$5.00 FOR 2 HOURS OF BOWLING. WE WILL MEET AT THE BOWLING ALLEY AT 10AM. A SIGN UP SHEET WILL BE ON THE BOARD.

MAY 5TH - 12PM - "LUNCH AND LEARN" NAVIGATING THE SENIOR YEARS - PRESENTED BY NELSON ELDER CARE LAW AND THE OAK'S @ TOWNE LAKE - THIS FUN & INFORMATIVE SESSION WILL EXPLAIN THE DECISIONS THAT NEED TO BE MADE, ALONG WITH LEGAL DOCUMENTS REQUIRED TO PROTECT YOU AND YOUR LOVED ONES. COST IS FREE AND LUNCH IS LIMITED TO 30 MEMBERS. A SIGN UP SHEET WILL BE ON THE BOARD.

MAY 5TH - 1:30PM - "BUNKO"

MAY 8TH - 2PM - MOVIE AND ICE CREAM - "FENCES" STARRING DENZEL WASHINGTON & VIOLA DAVIS.

MAY 9TH - 10:45AM - LUNCH BUNCH AT PAPPADEAUX'S SEAFOOD RESTAURANT IN ALPHARETTA - PRICES START AROUND \$9.00 AND THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 10:45AM.

MAY 12TH - 12PM - "MOTHER'S DAY LUNCHEON" - JOIN US IN HONORING OUR MOTHERS WITH A DELICIOUS LUNCHEON PREPARED BY BEESKNEES. MOTHERS ARE FREE, ALL OTHERS WILL PAY \$6.00, PREPAID BY MAY 1ST. A SIGN UP SHEET WITH THE MENU WILL BE ON THE BOARD.

MAY 16TH - 7:00AM - "HAY HOUSE IN MACON, GA." - BUILT IN THE MID 1800'S THE HAY HOUSE IS ONE OF GEORGIA'S MOST DISTINGUISED STRUCTURES. WE WILL VISIT SEVERAL FLOORS AND LEARN HOW THE HOUSE WAS PRESERVED. COST IS \$11.00, PREPAID BY MAY 2ND. BRING MONEY FOR LUNCH AT JOY'S HOME COOKING RESTAURANT IN MACON. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 7:00AM.

MAY 18TH - 8:30AM - "SOUTHEASTERN RAILWAY MUSEUM" - SEE A VARITY OF HISTORIC ENGINES & BOX CARS AND ENJOY A TRAIN RIDE AROUND THE COMPLEX. LOCATED IN A FORMER INDUSTRIAL SITE THAT IS DEDICATED TO THE HISTORY OF SOUTHERN TRAINS. THIS TRIP REQUIRES A LOT OF WALKING ON DIFFERENT SURFACES SO CLOSED TOE SHOES ONLY (NO FLIP FLOPS OR SANDALS). COST IS \$9.00 PER PERSON, PREPAID BY APRIL 26TH. BRING MONEY FOR LUNCH @ THE FAMILY RESTAURANT. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:30AM.

MAY 19TH - 1PM - "EAT THIS NOT THAT" PRESENTED BY JESSE SCANLON WITH HUMANA HEALTH CARE - LEARN HOW TO EAT HEALTHY AND MAKE SMART CHOICES WHILE EATING OUT. COST IS FREE AND REFRESHMENTS WILL BE SERVED. A SIGN UP SHEET WILL BE ON THE BOARD.

MAY 22ND - 5:30PM - "BRAVES VS PITTSBURG" - ENJOY A NIGHT AT THE NEW STADIUM AS THE BRAVES PLAY THE PITTSBURG PIRATES. <u>COST IS \$22.00 PER PERSON, PREPAID BY APRIL 19TH</u>. BRING MONEY FOR DINNER AT THE NEW STADIUM (NO OUTSIDE FOOD OR DRINK WILL BE ALLOWED IN THE STADIUM). THE BUS WILL LEAVE THE SENIOR CENTER PARKING LOT AT 5:30PM.

MAY 25TH - 12PM - LUNCH & LEARN ON "IDENTITY FRAUD" PRESENTED BY THE S.A.L.T./TRIAD COMM.OF CHEROKEE CO. — JOIN THE CHEROKEE CO. POLICE AS WE LEARN HOW TO PROTECT OURSELVES FROM IDENTITY FRAUD. LUNCH IS INCLUDED, AND LIMITED TO 30 MEMEBERS. A SIGN UP SHEET WILL BE ON THE BOARD.

MAY 26TH - 10AM - LUNCH AT MERRILL GARDENS - JOIN US IN A TOUR OF THE NEWEST SENIOR FACILITY IN WOODSTOCK AND ENJOY A FREE GOURMET LUNCH PREPARED BY THEIR CHEF. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 10:00AM. A SIGN UP SHEET WILL BE ON THE BOARD.

MAY 29TH - CLOSED FOR MEMORIAL DAY

MAY 30TH - 7:30AM - "TENNESSEE AQUARIUM AND IMAX THEATRE" IN CHATTANOOGA TN. - FIRST WE WILL VISIT THE AQUARIUM, AFTERWARDS WE WILL WALK ACROSS THE STREET TO THE BIG RIVER GRILLE FOR LUNCH (PRICES START AROUND \$6.95.) AFTER LUNCH WE WILL WALK BACK ACROSS TO THE IMAX THEATRE TO SEE A MOVIE THERE. COST IS \$32.50 PER PERSON, PREPAID BY MAY 15TH. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 7:30AM.

June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 8:30am	2 10AM Bowling	3
				Monastery of the Holy Spirit	1:30PM Bunko	
4	5	6	7	8 8am Cherokee N.C	9	10
11	12 2pm Movie & Ice Cream "La La Land"	13	14 1pm LOTTO & Birthday	15	16 12PM Father's Day Luncheon	17
18 ************************************	19	20 11:00 am Lunch Bunch @ ROMANO'S Macaroni Grill	21	22 9AM Dekalb Farmers Market	23 9am - AARP Safe Driving Class	24
25	26	27 9AM Dekalb Farmers Mkt.	28	7:30am Juliette, Ga. From the movie Fried Green Tomatoes	30	

Wednesday Lunches: At 12:00 Noon unless otherwise noted. Cost is \$5.00 - \$7.00 cash per person prepaid by the Friday before the lunch. Menus posted by the kitchen — sign up in the office. (prices and menu are subject to change)

June 7th
\$6.00
Salad Mania!
Croissant & Choice of 2
Egg, Chicken, or Tuna
Chips, Dessert, Drink
Drink

June 14th \$5.50

Chick-fil-A Sandwich Chips Cookie Drink June 21st \$5.50 Gayle Bautz's Spaghetti & Meatballs Salad Rolls Dessert & Drink June 28th \$6.50

Honey Baked Ham Sandwich Box Chips, Cookie Drink





June Activity and Trip Details



JUNE 1ST - 8:30AM - "MONASTERY OF THE HOLY SPIRIT" IN CONYERS, GA.- ENJOY A SELF GUIDED TOUR OF THE MONASTERY, VISIT THE ABBEY STORE AND BONSAI SHOP. COST WILL BE A MONETARY OFFERING. BRING MONEY FOR LUNCH AT THE GOLDEN CORRAL. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:30AM.

<u>JUNE 2ND - 10AM - "BOWLING AT STARS AND STRIKES"</u> - LET'S GO BOWLING! <u>COST IS \$5.00</u> FOR 2 HOURS OF BOWLING. WE WILL MEET AT THE BOWLING ALLEY AT 10PM. A SIGN UP SHEET WILL BE ON THE BOARD.

JUNE 2ND - 1:30PM - "BUNKO"

JUNE 8TH - 8AM - "HARRAH'S IN CHEROKEE, N.C". - COST IS \$10.00 PER PERSON, PREPAID BY MAY 30TH. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8AM. APPROXIMATE TIME OF RETURN WILL BE 8PM.

<u>JUNE 12TH - 2PM - MOVIE AND ICE CREAM - "LA LA LAND" - STARRING RYAN GOSLING & EMMA STONE.</u>

JUNE 14TH - 12PM - "LUNCH AND LOTTO" - ENJOY A CHICK-FIL-A BOX LUNCH AT 12PM (\$5.50 PREPAID BY THE FRIDAY BEFORE) AND STAY FOR LOTTO AT 1PM TO SEE IF YOU GOT ON YOUR FAVORITE TRIP.

JUNE 16TH 12PM - "FATHER'S DAY LUNCHEON" - JOIN US IN HONORING OUR FATHERS WITH A SPECIAL LUNCHEON PREPARED BY JD'S BBQ. <u>FATHERS ARE FREE</u>, <u>ALL OTHERS PAY \$6.00</u>, <u>PREPAID BY JUNE 5TH</u>. LIMITED TO THE FIRST 70 MEMBERS WHO SIGN UP. A SIGN UP SHEET WILL BE ON THE BOARD.

<u>JUNE 20TH - 11:00AM-"LUNCH BUNCH @ ROMANO'S MACARONI GRILL"</u> - CHOOSE FROM ITALIAN SPECIALTIES STARTING AT \$5.95 UP. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 11:00AM.

<u>JUNE 22ND - 9AM - 1ST "DEKALB FARMERS MARKET"</u> - SHOP FOR FARM FRESH PRODUCE, MEATS, CHEESES, AND FRESH BAKED BREADS. <u>COST IS FREE</u>. (<u>PLEASE SIGN UP FOR ONE TRIP ONLY</u>) BRING MONEY FOR LUNCH AT THE MARKET RESTAURANT. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9AM

<u>JUNE 23RD - 9AM - "AARP DRIVER SAFTEY CLASS"</u> - FOR RESERVATIONS, CALL PAUL GALANEK AT 770-591-9347

JUNE 27TH - 9AM - 2ND "DEKALB FARMERS MARKET" - SHOP FOR FARM FRESH PRODUCE, MEATS, CHEESES, AND FRESH BAKED BREADS. <u>COST IS FREE</u>. (<u>PLEASE SIGN UP FOR ONE TRIP ONLY</u>) BRING MONEY FOR LUNCH AT THE MARKET RESTAURANT. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9AM.

JUNE 29TH - 7:30AM - JULIETTE, GA. HOME OF THE WHISTLE STOP CAFÉ FROM THE MOVIE "FRIED GREEN TOMATOES". ENJOY SEEING AND SHOPPING IN THE MOVIE TOWN OF WHISTLE STOP LOCATED IN JULIETTE, GA. HAVE SOME FRIED GREEN TOMATO'S AT THE CAFÉ BUT SAVE YOUR APPETITE FOR LUNCH AT BUCKNERS FAMILY RESTAURANT ON THE WAY HOME. COST FOR THE BUS IS \$4.00 AND LUNCH WILL BE \$11.50. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 7:30AM.

Seniors in Action!



Bridge Tournament Winners...

1st Place - Anju Shah (pictured left)

2nd Place - Mary Ann May (pictured center)

3rd Place - Vinod Shah (pictured right)



Touring the Archibald Smith Plantation in Roswell.



"Lunch Bunch" enjoying The Cheesecake Factory!

Bus Fee

The round trip mileage to and from the scheduled event(s) determines the per-person bus fee.

The fee schedule is as follows:

0 - 50 Miles: \$1.00

51 - 100 Miles: \$2.00

101 - 200 Miles: \$3.00

Over 200 Miles: \$4.00

ART CLASS

Thursdays 2:00pm - 3:30pm

Instructor.



Artist Larry Tolerson offers personalized instructions on your medium of choice. Acrylics, Water Colors, Oil-Based, Pastels, Pen & Pencil Charcoal, etc. Cost \$15 per session, paid to the

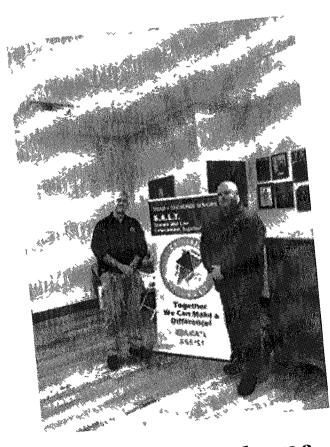
Seniors in Action!



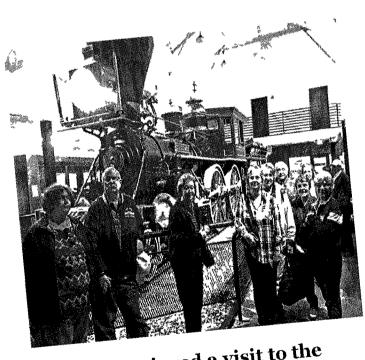
A sweet time was had by all on Valentines Day!



Phantom of the Opera At The Fox Theater



The S.A.L.T./Triad gave a great presentation on local gang activity.



We enjoyed a visit to the Southern Museum of Civil War and Locomotive History.

The Ark Encounter & Creation Museum



Near Cincinnati, Ohio—Diamond Tours
October 9th - 13th. 2017

Join us as we travel via motor coach to the Cincinnati area to visit Noah's Ark and Museum. This five day, four night trip includes motor coach transportation, 8 meals, 4 night hotel stay, admission to the new Ark Encounter and Creation Museum, the Newport Aquarium, and the Cincinnati Zoo & Botanical Gardens.

Cost is \$499.00 per person dbl. occupancy.

See Jan or Don for a brochure and Availability!

Beginning / Refresher Bridge Class

Our Bridge instructor is taking the summer off. Lessons will return in September.

Beginning / Refresher Mahjongg Class

Learn the basics of Mahjongg! This class is held on Tuesdays from 1:00 pm until 3:00pm. The class size is limited to a maximum of 8 students to offer the best learning environment. This class is for beginners or those that need to refresh their skills. This is a free class. Mary Beth Watkins is volunteering her time as the instructor.

The next classes will begin Tuesday, June 20th, 2017



AARP SMART DRIVER COURSE

At the William G. Long Senior Center Call Paul Galanek at 770-591-9347 for details and reservations for the June 23, 2017 Class. 9:00am to 4:00pm

> Cost: AARP MEMBERS - \$15.00 NON AARP Members - \$20.00 Seats are limited

BRIGHT BEGINNINGS WEIGHT LOSS SUPPORT GROUP

Meets on Thursday mornings at the Senior Center

Weigh in is from 9:30 - 9:45am Meeting starts at 9:45am

For more information, contact Rose Beauchamp @ sweetmaria1956@yahoo.com or at 770-545-5815

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DAILY ACTIVITIES

Monday

- 9:00am Billiards, Card Games, Chip Poker
- 10:00am Line Dancing with Gayle Bautz
- 10:00am Mahjongg

Tuesday

- 9:00am Hand & Foot, Bridge, Canasta, Pinochle
- 9:00am Ladies Billiards
- 3:00pm Wii Bowling

Wednesday

- 9:00am Billiards, Card Games, Woodcarving
- 10:00am Euchre
- 10:00am Mahjongg
- 11:00am Scrabble

Thursday

- 9:00am Chip Poker, Dominos, Card Games
- 9:30am
 Weight Loss Group with Rose Beauchamp
- 10:00am Line Dancing with Gayle Bautz
- 11:30am Nimble Fingers
- 2:00pm Art Class with Larry Tolerson

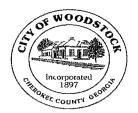
Friday

- 9:00am Billiards, Hand & Foot
- 9:00am Pinochle
- 10:00am Mahjongg, Rummikub
- 1:00pm Euchre

**All activities/times are subject to change...



Wm. G. Long Senior Center Woodstock Parks and Recreation Dept. 223Arnold Mill Rd. Woodstock, GA 30188



Standard U.S. Postage Pd. Woodstock, GA 30188 Permit No. 171

Please refer to the date on the mailing label above for your membership date. Your renewal membership is due one year from this date.

